



Health and Wellbeing 10 Year Strategy (2022-2032) 2022/2023

No of Indicators = 33 | Direction of Travel (DoT) shows the trend of how an indicator is performing against its Polarity over time.

Produced by the Business Intelligence Hub February 2023

			Previous Years									Target	Polarity	DOT
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023				
Goal 01: Reduce the gap in healthy life expectancy	PHOF17	Slope index of inequality in life expectancy at birth - Female - (Three year period)	Annual	4.3	4.2	5.2	6.2	6.2	5.7	-	-	-	Up is Bad	◀▶ Neutral
		Regional Rank (Rank out of 15)	Annual	2	3	3	3	3	3	-	-	-		
	PHOF37	Slope index of inequality in life expectancy at birth - Male - (Three year period)	Annual	7.2	7.7	8.9	8.4	8.3	8.4	-	-	-	Up is Bad	◀▶ Neutral
		Regional Rank (Rank out of 15)	Annual	3	3	2	3	3	3	-	-	-		
	PHOF98	Difference in healthy life expectancy at birth between females and males (yrs)	Annual	-0.2	-0.3	-0.6	-0.2	0.6	-0.7	-	-	-	Neutral	◀▶ Neutral
		Benchmark - National Data	Annual	0.7	0.5	0.4	0.5	0.3	0.8	-	-	-		
Benchmark - Regional Data		Annual	0.5	0.2	-0.2	0.6	0.7	1	-	-	-			
Goal 02: Support good mental health	PHOF18	% of people with a self-reported high anxiety score	Annual	23.66%	22.00%	24.20%	20.90%	25.60%	27.10%	25.30%	-	20.30%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	19.37%	19.90%	20.00%	19.70%	21.90%	24.20%	22.60%	-	-		
		Benchmark - Regional Data	Annual	21.52%	21.20%	21.20%	20.60%	22.10%	24.90%	22.30%	-	-		
		Regional Rank (Rank out of 15)	Annual	12	12	14	7	15	11	14	-	-		
	PHOF19	% of people with a self-reported low happiness score	Annual	6.74%	8.30%	9.50%	11.30%	9.00%	8.80%	10.80%	-	5.8%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	8.75%	8.50%	8.20%	7.80%	8.70%	9.20%	8.40%	-	-		
		Benchmark - Regional Data	Annual	9.92%	9.50%	9.10%	9.40%	9.80%	10.30%	7.90%	-	-		
		Regional Rank (Rank out of 15)	Annual	1	5	9	12	4	7	14	-	-		

			Previous Years											
			Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT
Goal 03: Reduce smoking rates	PHOF188	Smoking Prevalence in adults (18+) - current smokers (APS) (2020 definition)	Annual	14.60%	12.60%	9.00%	11.50%	11.90%	11.70%	9.20%	-	5%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	16.90%	15.50%	14.90%	14.40%	13.90%	13.80%	13.00%	-	-		
		Benchmark - Regional Data	Annual	18.60%	17.70%	17.00%	16.70%	15.70%	14.70%	14.10%	-	-		
		Regional Rank (Rank out of 15)	Annual	2	2	1	1	2	3	1	-	-		
	PHOF187	Smoking prevalence among adults aged 18-64 in routine and manual occupations (APS) (2020 definition)	Annual	28.10%	26.40%	24.60%	18.60%	26.90%	22.30%	-	-	5%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	28.10%	26.50%	25.70%	25.40%	24.50%	24.50%	-	-	-		
		Benchmark - Regional Data	Annual	30.00%	28.90%	28.20%	27.40%	27.60%	25.50%	-	-	-		
		Regional Rank (Rank out of 15)	Annual	4	4	3	1	6	5	-	-	-		
	PHOF10	% of women who smoke at the time of delivery - (CYC)	Quarterly	12.30%	11.10%	10.40%	11.60%	10.40%	10.30%	8.00%	-	5%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Quarterly	11.00%	10.70%	10.80%	10.60%	10.40%	9.60%	9.10%	-	-		
		Benchmark - Regional Data	Quarterly	14.60%	14.40%	14.20%	14.40%	14.00%	13.10%	12.00%	-	-		
		Regional Rank (Rank out of 15)	Annual	4	2	1	2	1	3	1	-	-		
	PHOF195	Smoking prevalence in adults with a long term mental health condition (18+) - current smokers (GPPS)	Annual	29.80%	28.50%	21.30%	30.30%	19.30%	26.30%	-	-	5%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	33.00%	30.30%	27.80%	26.80%	25.80%	26.30%	-	-	-		
		Benchmark - Regional Data	Annual	34.80%	31.60%	29.80%	28.20%	27.60%	27.50%	-	-	-		
		Regional Rank (Rank out of 15)	Annual	3	5	2	10	1	4	-	-	-		

			Previous Years											
			Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT
Goal 04: Reduce proportion of residents drinking over 14 units of alcohol a week	LAPE12	Admitted to hospital with alcohol-related conditions (Broad): Males, all ages (per 100,000 population) - (New methodology)	Annual	-	2,742	2,911	3,099	3,051	2,455	-	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	2,525	2,574	2,737	2,809	2,290	-	-	-		
		Benchmark - Regional Data	Annual	-	2,716	2,728	2,808	2,796	2,292	-	-	-		
		Regional Rank (Rank out of 15)	Annual	-	7	10	11	11	9	-	-	-		
	LAPE13	Admitted to hospital with alcohol-related conditions (Broad): Females, all ages (per 100,000 population) - (New methodology)	Annual	-	978	970	1,085	1,121	943	-	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	840	858	915	943	805	-	-	-		
		Benchmark - Regional Data	Annual	-	933	942	986	992	831	-	-	-		
		Regional Rank (Rank out of 15)	Annual	-	10	9	10	12	11	-	-	-		
	PHOF191	Percentage of adults drinking over 14 units of alcohol a week - (4 year Aggregated)	Annual	-	-	-	21.40%	-	-	-	-	15%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	-	-	22.80%	-	-	-	-	-		
		Benchmark - Regional Data	Annual	-	-	-	21.20%	-	-	-	-	-		
		Regional Rank (Rank out of 15)	Annual	-	-	-	9	-	-	-	-	-		

			Previous Years										
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT
Goal 05: Reduce unhealthy weight	NCMP03	% of reception year children recorded as being overweight (incl. obese) (single year)	Annual	22.37%	20.83%	24.07%	23.65%	21.40%	NC	22.70%	-	-	Up is Bad ◀▶ Neutral
		Benchmark - National Data	Annual	22.14%	22.63%	22.38%	22.59%	23.00%	27.70%	22.25%	-	-	
		Benchmark - Regional Data	Annual	22.39%	22.19%	22.93%	23.68%	24.10%	29.50%	23.73%	-	-	
		Regional Rank (Rank out of 15)	Annual	8	3	9	9	3	NC	3	-	-	
	NCMP04	% of children in Year 6 recorded as being overweight (incl. obese) (single year)	Annual	27.99%	29.05%	31.78%	29.97%	33.80%	NC	31.54%	-	-	Up is Bad ◀▶ Neutral
		Benchmark - National Data	Annual	34.17%	34.25%	34.32%	34.29%	35.20%	40.90%	37.76%	-	-	
		Benchmark - Regional Data	Annual	34.63%	34.64%	34.71%	35.09%	35.80%	42.20%	39.19%	-	-	
		Regional Rank (Rank out of 15)	Annual	1	1	3	1	4	NC	1	-	-	
	NCMP10	Absolute gap in % of Year 6 recorded obesity between highest and lowest York ward (3 year aggregated)	Annual	13.10%	19.48%	15.80%	14.40%	18.62%	-	19.68%	-	-	Up is Bad ▲ Red
	PHOF44a	% of adults (aged 18+) classified as overweight or obese (New definition)	Annual	59.30%	59.40%	56.70%	57.60%	62.30%	63.60%	-	-	-	Up is Bad ▲ Red
		Benchmark - National Data	Annual	61.40%	61.50%	62.00%	62.10%	62.80%	63.50%	-	-	-	
		Benchmark - Regional Data	Annual	64.40%	65.70%	64.30%	65.20%	65.00%	66.50%	-	-	-	
		Regional Rank (Rank out of 15)	Annual	1	2	1	1	4	4	-	-	-	

			Previous Years											
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT	
Goal 06: Reduce health inequalities	PHOF40	Gap in employment rate for mental health clients and the overall employment rate	Annual	69.30%	68.50%	63.90%	56.40%	58.00%	56.60%	-	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	67.20%	67.40%	68.20%	67.60%	67.20%	66.10%	-	-	-		
		Benchmark - Regional Data	Annual	64.00%	63.80%	64.50%	63.70%	63.00%	62.80%	-	-	-		
		Regional Rank (Rank out of 15)	Annual	15	14	6	1	1	3	-	-	-		
	PHOF41	Gap in employment rate for those with learning disabilities and the overall employment rate	Annual	66.30%	69.20%	68.60%	70.10%	71.30%	68.90%	74.30%	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	68.10%	68.70%	69.20%	69.70%	70.60%	70.00%	70.60%	-	-		
		Benchmark - Regional Data	Annual	65.90%	66.10%	66.10%	68.00%	67.70%	67.80%	69.40%	-	-		
		Regional Rank (Rank out of 15)	Annual	9	12	8	11	12	7	15	-	-		
	PHOF75a	Excess under 75 mortality rate in adults with serious mental illness (New Definition Aug 2021)	Annual	-	-	431.7	385.5	410.2	425.3	-	-	-	Up is Bad	▲ Red
		Benchmark - National Data	Annual	-	-	355.4	365.2	383.1	389.9	-	-	-		
		Benchmark - Regional Data	Annual	-	-	335.7	336.7	348.4	344.2	-	-	-		
		Regional Rank (Rank out of 15)	Annual	-	-	14	13	12	14	-	-	-		

			Previous Years											
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT	
Goal 07: Reduce the rates of suicide and self-harm	PHOF107	Suicide rate - Female (per 100,000 population)	Annual	5.1	6.7	8.6	7.3	5.6	5.5	6.3	-	5	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	4.7	4.8	4.7	4.7	4.9	5	6.2	-	-		
		Benchmark - Regional Data	Annual	4.6	4.6	4.8	4.8	5.9	6.1	6.5	-	-		
		Regional Rank (Rank out of 15)	Annual	9	12	13	14	7	4	10	-	-		
	PHOF108	Suicide rate - Male (per 100,000 population)	Annual	22.9	19	18.5	16.9	18.2	21.4	20.2	-	16	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	15.8	15.3	14.7	14.9	15.5	15.9	15.9	-	-		
		Benchmark - Regional Data	Annual	17.2	16.5	16.6	16.7	18.3	19.2	18.8	-	-		
		Regional Rank (Rank out of 15)	Annual	15	13	11	6	6	12	9	-	-		
	PHE02	Hospital stays for self harm, per 100,000 population	Annual	254.3	231.8	207.9	189.9	163	172.4	-	-	152	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	196.5	185.3	185.5	196	192.6	181.2	-	-	-		
		Benchmark - Regional Data	Annual	190.3	NA	194.6	205.8	196.9	172.7	-	-	-		
		Regional Rank (Rank out of 15)	Annual	14	11	9	9	13	7	-	-	-		

			Previous Years											
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT	
Goal 08: Improve diagnosis gaps in dementia, diabetes & high blood pressure & detect cancer at an earlier stage	PHE11	Estimated dementia diagnosis rate (%) for people aged 65+ as recorded on practice disease registers	Annual	-	-	60.40%	62.20%	60.50%	57.20%	53.20%	55.10%	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	-	-	67.90%	67.50%	68.70%	67.40%	61.60%	62.00%	-		
		Benchmark - Regional Data	Annual	-	-	71.30%	71.20%	71.60%	70.20%	63.20%	63.10%	-		
		Regional Rank (Rank out of 15)	Annual	-	-	15	15	15	15	14	14	-		
	PHOF192	Estimated diabetes diagnosis rate	Annual	70.1	71.2	67.9	71.3	-	-	-	-	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	74.6	76.2	77.1	78	-	-	-	-	-		
		Benchmark - Regional Data	Annual	78.1	80	80.6	81.9	-	-	-	-	-		
		Regional Rank (Rank out of 15)	Annual	13	13	15	15	-	-	-	-	-		
	PHOF193	Estimated hypertension diagnosis rate (Vale of York)	Annual	-	-	-	-	60.5	-	-	-	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	-	-	-	-	66.5	-	-	-	-		
		Benchmark - Regional Data	Annual	-	-	-	-	67.7	-	-	-	-		
		Regional Rank (Rank out of 15)	Annual	-	-	-	-	-	-	-	-	-		
	PHOF194	Percentage of cancers diagnosed at stages 1 and 2	Annual	55.00%	52.60%	56.30%	51.70%	51.10%	49.30%	-	-	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	54.80%	54.60%	54.30%	54.50%	54.90%	52.30%	-	-	-		
		Benchmark - Regional Data	Annual	53.00%	52.70%	51.90%	52.30%	53.40%	50.60%	-	-	-		
		Regional Rank (Rank out of 15)	Annual	5	6	1	8	12	12	-	-	-		

			Previous Years								Target	Polarity	DOT	
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023				
Goal 09: Reduce the proportion of adults who are physically inactive from 1 in 5 to 1 in 7	HLTH55	Access to Healthy Assets & Hazards Index (Persons, All ages) - % of the population who live in LSOAs which score in the poorest performing 20% on the AHAH index	Annual	-	5.10%	5.40%	NC	NC	NC	NC	3.20%	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	21.20%	21.1.%	NC	NC	NC	NC	22.60%	-		
		Benchmark - Regional Data	Annual	-	22.20%	14.10%	NC	NC	NC	NC	19.90%	-		
		Regional Rank (Rank out of 15)	Annual	-	4	7	NC	NC	NC	NC	1	-		
	PHOF02a	% of adults (aged 19+) that are physically inactive (<30 moderate intensity equivalent minutes per week)	Annual	21.08%	18.28%	13.81%	15.77%	17.60%	21.21%	-	-	15%	Up is Bad	▲ Red
		Benchmark - National Data	Annual	22.33%	22.24%	22.23%	21.39%	22.90%	23.38%	-	-	-		
		Benchmark - Regional Data	Annual	24.66%	24.08%	24.06%	22.66%	24.20%	24.24%	-	-	-		
		Regional Rank (Rank out of 15)	Annual	1	1	1	1	1	3	-	-	-		
	PHYS08	% of children in school years 1-11 that are active for 60+ minutes everyday	Annual	-	NC	49.20%	40.50%	NC	41.81%	NC	-	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	-	NC	43.26%	46.81%	44.89%	44.63%	47.20%	-	-	Neutral	◀▶ Neutral
		Benchmark - Regional Data	Annual	-	-	41.27%	45.88%	43.22%	46.40%	45.70%	-	-		
		Regional Rank (Rank out of 15)	Annual	-	-	3	12	NC	7	NC	-	-		
	PHYS12	Proportion of adults who do any walking or cycling for any purpose at least three times per week.	Annual	-	57.80%	60.40%	56.00%	60.50%	58.90%	55.00%	-	-	Up is Good	▼ Red
		Benchmark - National Data	Annual	-	45.70%	47.00%	47.20%	47.70%	46.00%	45.60%	-	-		
		Benchmark - Regional Data	Annual	-	43.60%	44.20%	44.70%	45.90%	44.60%	43.00%	-	-		

			Previous Years											
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023	Target	Polarity	DOT	
Goal 10: Reduce the proportion of adults who report feeling lonely	ASCOF111	Proportion of people who use services who reported that they had as much social contact as they would like	Annual	45.80%	49.50%	44.50%	43.40%	45.50%	35.40%	39.70%	(Avail Oct 23)	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	45.40%	45.40%	46.00%	45.90%	45.90%	34.40%	40.60%	(Avail Oct 23)	-		
		Benchmark - Regional Data	Annual	46.00%	45.60%	47.50%	48.00%	46.20%	NC	40.20%	(Avail Oct 23)	-		
		Regional Rank (Rank out of 15)	Annual	9	6	12	14	10	NC	11	(Avail Oct 23)	-		
	PHOF112	Loneliness: Percentage of adults who feel lonely often / always or some of the time	Annual	-	-	-	-	25.69%	NA	NA	-	20%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	-	-	-	22.26%	NA	NA	-	-		
		Benchmark - Regional Data	Annual	-	-	-	-	21.49%	NA	NA	-	-		
		Regional Rank (Rank out of 15)	Annual	-	-	-	-	13	NA	NA	-	-		
	PHOF99	% of adult social care users who have as much social contact as they would like (65+ yrs)	Annual	41.00%	48.70%	41.30%	37.00%	40.40%	NC	39.20%	-	-	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	43.70%	43.20%	44.00%	43.50%	43.40%	NC	37.30%	-	-		
		Benchmark - Regional Data	Annual	44.80%	44.40%	44.90%	44.60%	43.40%	NC	36.80%	-	-		
		Regional Rank (Rank out of 15)	Annual	13	5	12	15	11	NC	6	-	-		